

HOW TO

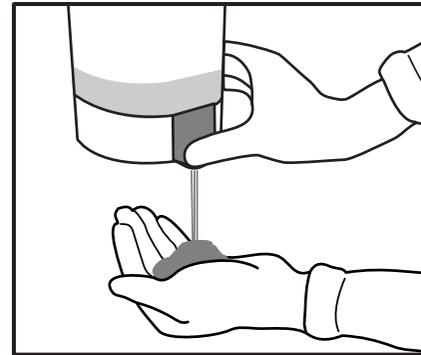
Wash Your Hands to prevent illness

Wash your hands:

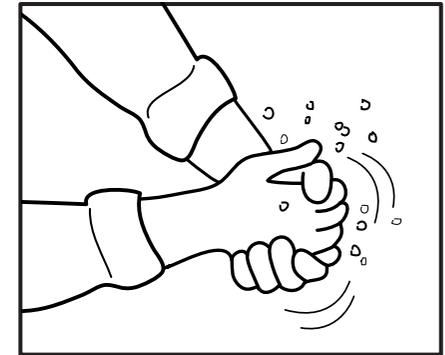
- When they are dirty
- After using the bathroom
- After sneezing, coughing, or using tissue
- Before and after making or serving food
- Before and after eating
- Before feeding a baby
- Before and after changing a baby's diaper
- After touching dirty laundry
- After touching the garbage or trash
- After taking off disposable gloves
- After touching animals or animal waste



Wet



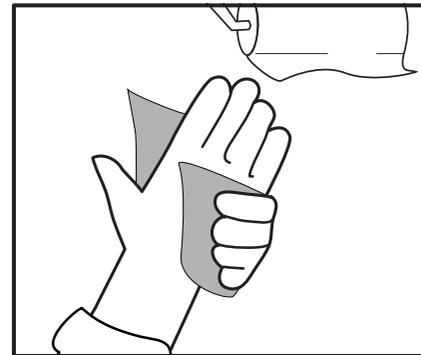
Soap



Rub for 15–20 seconds



Rinse



Dry



Turn off water with paper towel

P R I N T I N G S P E C I F I C A T I O N S

Title: **How to Wash Your Hands to Prevent Illness**
(1 poster of 8 in a set of Infection Control posters*)

Size: 8.5 x 11

Paper stock: 65# Cover, white

Ink color: Black + PMS 369

Special instructions: *Set of 8 posters: 821-060, 061, 062, 063, 064, 065, 066, and 067.

DOH Pub #: 821-060