

## Check out your new insurance options!

### If you have health insurance:

Most insurance plans now pay for breast, cervical, and colon cancer screenings. Call your plan to ask if these screenings are covered.

### If you don't have health insurance or if you can't afford what you have, you now have two new options:

- **Enroll in Washington Apple Health.** This expanded Medicaid program is free and now covers more people.
- **Buy a Qualified Health Plan.** If you aren't eligible for Washington Apple Health, you may still qualify for a low-cost health plan.



## Sign up for these new options!

Visit: <http://wahealthplanfinder.org>

Call: 1-855-923-4633

TTY/TDD: 1-855-627-9604

Help is available in 175 different languages.

## Cancer screening saves lives!

- As you get older, you are at a higher risk of getting breast, cervical, and colon cancer.
- If cancer is found early, it is often easier to treat and treatment is more successful.
- The best way to find cancer early is through routine screening. There are often no warning signs.



### Breast, Cervical and Colon Health Program

#### Office of Healthy Communities

Washington State Department of Health  
Point Plaza East, 310 Israel Road S.E.  
PO Box 47888, Olympia, WA 98504-7880

[www.doh.wa.gov/bcchp](http://www.doh.wa.gov/bcchp)  
1-888-438-2247



For persons with disabilities, this document is available on request in other formats. To submit a request, please call 1-800-525-0127 (TDD/TTY 711).



# The Breast, Cervical and Colon Health Program

Provides breast, cervical, and colon screening to eligible women and men



## Learn about new options for getting screened!

Sign up for health insurance through Washington Healthplanfinder.

See inside for details.



## The Breast, Cervical and Colon Health Program provides free cancer screening for eligible men and women.

### This program serves people who:

- Don't have health insurance.
- Have a low income.
- Meet the age guidelines.

### Services include:

- Breast cancer screenings (breast exams and mammograms) for women.
- Cervical cancer screenings (Pap tests) for women.
- Colon screenings (using simple take-home kits) for men and women.
- Follow-up tests to find out if treatment is needed.
- Assistance with finding resources for treatment.

If you aren't eligible for Washington Apple Health and don't have insurance, you may still be eligible for free cancer screenings.

### Call the Breast, Cervical and Colon Health Program!

Find the county you live in below and call the phone number listed under it.

Island, Pierce, San Juan, Skagit, Snohomish, Whatcom

Citrine Health: 1-888-651-8931

Clark, Cowlitz, Grays Harbor, Lewis, Mason, Pacific, Skamania, Thurston, Wahkiakum

PeaceHealth Southwest Medical Center:  
1-800-992-1817

Clallam, Jefferson, King, Kitsap

Public Health – Seattle & King County:  
1-800-756-5437

Adams, Asotin, Ferry, Garfield, Lincoln, Pend Oreille, Spokane, Stevens, Whitman

Spokane Regional Health District:  
1-888-461-8876

Chelan, Douglas, Grant, Okanogan

Confluence Health: 1-888-551-3994

Benton, Columbia, Franklin, Kittitas, Klickitat, Walla Walla, Yakima

Yakima Health District:  
1-800-535-5016

## Important reminders!

Talk with your healthcare provider about when and how often to get cancer screenings.\*

### Ages 9–26

Boys and girls can get an HPV vaccine to prevent cervical and other cancers.

### Age 21

Cervical cancer screening is recommended for women. Your provider may also do an exam of your breasts during this visit.

### Age 40

Breast cancer screening is recommended for women. Talk with your provider about when to start getting regular mammograms.

### Age 50

Colon cancer screening is recommended for men and women. Ask your provider which type of screening test is right for you.

*\* If anyone in your family has had breast or colon cancer, talk with your provider about starting screening earlier.*

